

May



2026

Mat Munchkins: 3-5 yrs

Little Champs: 5-7 yrs

Jr Grapplers: 8-13 yrs

Black Belt Club: 11-15 yrs (Invitation only)

Combatives: 14+

Women Empowered: 13+

RD: Reflex Development (Invitation only)

MC: Advanced Belts

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
						8-9:30A MC- No Gi
3	4	5	6	7	8	9
4:00-4:30-Mat Munchkins 4:30-5:15P-Little Champs 5:30-6:30P WE 12 6:30-7:30P Combatives 18				4:00-4:45P-Jr Grapplers 4:45-5:30P: BBC 5:30-6:30P-Combatives:19 6:30-7:30P RD SM 7:30-9P MC Gi Fundamentals		8-9:30A MC- Fight Sim
10	11	12	13	14	15	16
4:00-4:30-Mat Munchkins 4:30-5:15P-Little Champs 5:30-6:30P WE 13 6:30-7:30P Combatives 20				No Classes		
17	18	19	20	21	22	23
No Classes				No Classes		
24	25	26	27		29	30
No Classes			5:30-7P MC- Fight Sim		4:00-4:45P-Jr Grapplers 4:45-5:30P: BBC 5:30-6:30P-Combatives:21 6:30-7:30P RD Standing 7:30-9P MC- Gi	