

September

2026

Mat Munchkins: 3-5 yrs

Little Champs: 5-7 yrs

Jr Grapplers: 8-13 yrs

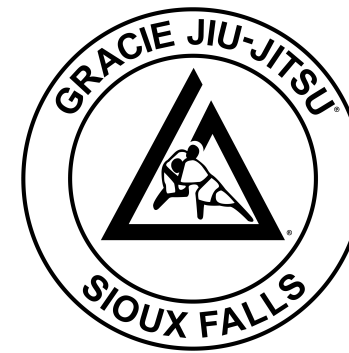
Black Belt Club: 11-15 yrs (Invitation only)

Combatives: 14+

Women Empowered: 13+

RD: Reflex Development (Invitation only)

MC: Advanced Belts



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
				4:00-4:45P-Jr Grapplers 4:45-5:30P: BBC 5:30-6:30P-Combatives 3 6:30-7:30P Side Mount 7:30-9P MC (No-Gi Fight Sim)		
6	7	8	9	10	11	12
4:00-4:30-Mat Munchkins 4:30-5:15P-Little Champs 5:30-6:30P WE 14 6:30-7:30P Combatives 4 7:30-9P MC (Gi)				4:00-4:45P-Jr Grapplers 4:45-5:30P: BBC 5:30-6:30P-Combatives: 5 6:30-7:30P RD Standing/ WE RD 7:30-9P MC (Gi Fundamentals)		
13	14	15	16	17	18	19
4:00-4:30-Mat Munchkins 4:30-5:15P-Little Champs 5:30-6:30P WE 15 6:30-7:30P Combatives 6 7:30-9P MC (Gi)				4:00-4:45P-Jr Grapplers 4:45-5:30P: BBC 5:30-6:30P-Combatives 7 6:30-7:30P RD Freestyle /WE RD 7:30-9P MC (No-Gi Fight Sim)		
20	21	22	23	24	25	26
4:00-4:30-Mat Munchkins 4:30-5:15P-Little Champs 5:30-6:30P WE 1 6:30-7:30P Combatives 8 7:30-9P MC (No-Gi)				**No kids classes; make-up in Little Champs** 6:30-7:30P RD Mount * 7:30-9P MC (Gi Fundamentals) *Check with instructors for location change*		
27	28	29	30	1	2	3
4:00-4:30-Mat Munchkins 4:30-5:15P-Little Champs 5:30-6:30P WE 2 6:30-7:30P Combatives 9 7:30-9P MC (Gi)						